

SFU / Gator LMR Swim Meet

Saturday & Sunday, October 22-23, 2011

Co-Hosts: Simon Fraser University and Gators Swim Club

Paul and Marg Savage Aquatic Center - SFU

Sanctioned by Swim BC

Sanction #11511

Clubs: All LMR clubs

SATURDAY

Distance events session

8:30 am warm-up

9:15 am start

SUNDAY

8:30 am warm-up

9:15 am start

Regular session

Warm-up begins 15 minutes after end of
Distance Events.

Start time 45 minutes after Warm Up begins

Location: Simon Fraser University Pool
Simon Fraser University
Burnaby, BC
V5A 1S6

Phone - 778-782-3176

6 lane 25 meter pool
Diving well for warm-up/down
Colorado starting / timing system
Kiefer lane ropes

Format possibilities:

If **more** than 200 swimmers are entered (Blocked meet format):

SATURDAY

11 & Unders

8:30 am warm-up

9:15 am start

12:15 pm estimated finish

12 & Overs

12:15 pm estimated warm-up

1:00 pm estimated start

4:30 pm estimated finish

SUNDAY

11 & Unders

8:30 am warm-up

9:15 am start

11:45 am estimated finish

distance session (all ages)

11:45 am estimated warm-up

12:15 pm estimated start

1:15 pm estimated finish

12 & Overs

1:15 pm estimated warm-up

2:00 pm estimated start

5:00 pm estimated finish

If **less** than 200 swimmers are entered:

SATURDAY

8:30 am warm-up

9:15 am start

1:45 pm estimated finish

SUNDAY

distance session (all ages)

8:30 am warm-up

9:15 am start

10:15 am estimated finish

Regular events 10:15 am estimated warm-up 11:00 am estimated start 2:30 pm estimated finish

Timers: Each club is responsible for **3** timers per session.
Each swimmers in 800/1500 must provide 2 timers.

Parking: Hourly at SFU parkade. All volunteers on-deck will receive validation on their parking stub.

Concession: Coffee and general concession items may be available during restricted times throughout the competition. **Volunteer timers/officials** will receive free coffee and refreshments.

Eligibility: All swimmers must be registered with Swim BC or other FINA affiliated organization. Age groups will be based on age on the first day of the competition.

SWAD (swimmers with a disability) are welcome. Please designate the classification with the entries.

Qualifying Standards

Meet Entry standard

200 IM = UNDER 4:00

Distance Event Entry - in the swimmer's respective BC Provincial age group

- BC `A' standard in 200 free to swim the 400 free, or an A time in 400 free, or
- BC 'A' standard in 400 free to swim 800 free or 1500 free, or an `A' standard in the 800 or 1500 free
- BC `A' standard in 200 IM to swim 400 IM, or an `A' standard in 400 IM
- To swim distance events, 10&under swimmers must achieve the BC Provincial 12&under `A' standard in the respective events, and the 6:00 standard to enter the 300 IM.
- Clubs entered are required to **provide a proof of time sheet** for the **200 IM** for all swimmers; and proof of time for individuals entered in the distance events.
- "AAA" swimmers will NOT be eligible for awards.
- "AAA" swimmers will make relays exhibition.

Entries:

Meet entries must be uploaded prior to the entry deadline to the Swimming Canada www.swimmeet.ca website. Entries sent directly to the meet manager will not be accepted.

Limit entries to 6 events maximum per swimmer excluding any distance (800 free or 1500 free) and relays.

The meet will be limited to 400 swimmers (the team entering the 400th swimmer will be accepted to the meet).

Entry Fees:

Individual events	\$5.50
Relays	\$8.00
Swim BC Splash Fee	\$4.00
Late or Deck entry	\$10.00 individual \$15.00 relay

- Entry fees must be paid prior to the start of the first session.
- Deck entry requests are required 30 minutes before the end of warm-up.
- Deck entry fees are payable in cash when the deck entry is accepted.
- Deck entries are not eligible for awards.
- Please make cheques payable to: **SIMON FRASER UNIVERSITY SWIM TEAM**

Entry Deadline: entries must be received by **Thursday October 13, 2011**

Scratch Deadline: Any scratches received on or before **Monday October 17, 2011** will have full reimbursement. After said date, a medical note must accompany scratch for reimbursement. Deck entries are a first come first serve. No new heats will be created after Tuesday October 18, 2011..

- Meet day scratches are due 30 minutes before the end of warm-up.

Meet Rules:

All SNC and Swim BC rules as stated in the SNC rulebook and Swim BC Technical Guide will apply.
All LMR rules will be in effect.

10 & U swimmers are limited to 4 hours of competition time.

- Coaches should enter these swimmers in events which ensure completion of their sessions within 4 hours.

The FINA one-start rule will be in effect.

There will be no diving in warm-up with the exception of Safety Marshal assigned team sprint lanes (one way sprinting).

The 200/400/800/1500 Frees will be swum 2 swimmers per lane at the discretion of the meet management.

Each swimmer in the 200/400/800/1500 Frees must provide two timers in order to swim.

Scratches must be received by the Clerk of Course 30 minutes prior to the scheduled start time of the session.

SFU & GATOR is NOT responsible for visiting clubs' swimmers

Coaches Meeting:

There will be a coaches meeting 10 minutes prior to the session start as required.

Officials Meeting:

There will be an officials meeting 20 minutes prior to the start of each session.

Awards:

There will be awards presented for the top 6 finishers in each individual event by age group (9&U, 10&11, 12&13, 14&O) and the top 3 teams in each relay event. "AAA" swimmers may enter but will NOT be eligible for awards.

Officials:

Each participating club will be required to submit a list of timers and deck officials for each session with your clubs entries. Swimmers in the 800m and 1500m must provide 2 timers each. Volunteer timers/officials will receive complimentary snacks and beverages.

Meet Manager

Karen Schofield

Phone: h [941-8290](tel:941-8290) w [983-6506](tel:983-6506)

Email: the_schofields@telus.net

Officials Manager:

Larry Schofield

Email: the_schofields@telus.net

IF BLOCKED – the 11&Under swimmers will be in the morning session and the 12&0 swimmers will be in the afternoon.

SATURDAY EVENTS		
11 & U	EVENT	12 & 0
	Warm-up (40 minutes)	
1	Open 1500*	1
2	800m Free*	2
	Warm-up (40 minutes)	
3	200m Backstroke	4
5	50m Butterfly	6
7	200m IM	8
9	50m Backstroke	10
11	100m Freestyle	12
13	200m Butterfly	14
15	100m IM	16
17	100 Breaststroke	18

SUNDAY EVENTS		
11 & U	EVENT	12 & 0
	Warm-up (40 minutes)	
19	400 Freestyle	20
21	11 & Under 4 X 50m Mixed Medley Relay	--
--	13 & Under 4 X 50m Mixed Medley Relay	22
--	Open 4 X 50m Mixed Medley Relay	24
25	200m Breaststroke	26
27	100m Backstroke	28
29	50m Freestyle	30
31	100m Butterfly	32
33	50m Breaststroke	34
35	200m Freestyle	36
37	400m IM	38

**swimmer selects either the 800 or 1500 free*

Blocked Meet – 800/1500 event become session 2 between the AM and PM block

- 400 free event remains in the above event order within each block

SFU / GATOR LMR Swim Meet

Saturday & Sunday, October 22-23, 2011
- Officials Page -

Please pass this page on to your club's director of officials.

Meet Officials:

The number of swimmers entered from each club will dictate the number of officials that each club will be expected to bring to the meet.

3 - 5 swimmers 1 timer*,
6 - 10 swimmers 1 timer, 1 stroke & turn* per session
11 + swimmers 2 timers, 1 stroke & turn*

- or other experienced deck official
- These are minimum requirements only. More help on deck will be appreciated.

The names of the stroke and turn or other deck officials must be submitted to the officials manager by **October 19, 2011** with the names of your experienced deck officials and trainees.

All clubs are encouraged to bring their inexperienced stroke and turn judges- those that have attended a clinic but with limited deck experience in actual meets, as this will be any excellent meet to shadow with a more experienced official.

The referee will make stroke and turn assignments during the officials meeting. This meeting will take place 30 minutes prior to the session start at the pool.

Clubs will be assigned lanes for timing according to each club's meet entry load. The lane assignment will be posted on the deck during each session. Please remind your parents that the lanes must be manned through to the end of the meet.

Officials Manager:

Larry Schofield

Phone: h 604.941.8290

Email: the_schofields@telus.net