

High competitive	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Elite</b> Pool hrs: 11.25 hrs Dry land: <u>2.25 hrs</u> 13.50 hrs	<b>Killarney</b> Dryl: 3:30 - 4:00pm Pool: 4:00 - 6:00pm	<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 7:30pm	<b>Killarney</b> Dryl: 6:00am-6:15am Pool: 6:15am-8:00am	<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 7:30pm	<b>VAC</b> Dryl: 5:45am-6:00am Pool: 6:00am-7:30am	<b>Killarney</b> Dryl: 5:45am-6:00am Pool: 6:00am-8:00am	
<b>Senior A</b> Pool hrs: 10.75 hrs Dry land: <u>2.25 hrs</u> 13.00 hrs	<b>Killarney</b> Dryl: 3:30 - 4:00pm Pool: 4:00 - 6:00pm	<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 7:30pm	<b>Killarney</b> Dryl: 6:00am-6:15am Pool: 6:15am-8:00am		<b>VAC</b> Dryl: 5:45am-6:00am Pool: 6:00am-7:30am <b>Renfrew</b> Dryl: 4:30pm-5:00pm Pool: 5:00pm-6:30pm	<b>Killarney</b> Dryl: 5:45am-6:00am Pool: 6:00am-8:00am	
Competitive	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Senior B</b> Pool hrs: 8.00 hrs Dry land: <u>1.75 hrs</u> 9.75 hrs		<b>Britannia</b> Dryl: 4:30 - 5:00pm Pool: 5:00 - 6:30pm		<b>Britannia</b> Dryl: 4:30 - 5:00pm Pool: 5:00 - 6:30pm	<b>VAC</b> Dryl: 5:45am-6:00am Pool: 6:00am-7:30am	<b>Templeton</b> Dryl: 6:30 - 6:45am Pool: 6:45 - 8:45am	<b>Templeton</b> Dryl: 9:15am-9:30am Pool: 9:30am-11:00am
<b>Age</b> Pool hrs: 7.00 <b>Age Plus</b> Pool hrs: 8.50 hrs Dry land: <u>1.75</u> <u>2.00 hrs</u> 8.75 10.50 hrs	<b>Templeton</b> Dryl: 6:00 - 6:30pm Pool: 6:30 - 8:00pm		<b>Templeton</b> Dryl: 6:00 - 6:30pm Pool: 6:30 - 8:00pm		<b>Templeton</b> Dryl: 4:00 - 4:30pm Pool: 4:30 - 6:30pm	<b>Templeton</b> Dryl: 6:30 - 6:45am Pool: 6:45 - 8:45am	<b>Templeton Age Plus</b> Dryl: 9:15am-9:30am Pool: 9:30am-11:00am
<b>Gold</b> Pool hrs: 5.50 hrs Dry land: <u>2.00 hrs</u> 7.50 hrs	<b>Killarney</b> Dryl: 5:30 - 6:00pm Pool: 6:00 - 7:00pm		<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 6:30pm		<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 6:30pm	<b>Renfrew</b> Dryl: 6:45 - 7:00am Pool: 7:00 - 8:00am	<b>Templeton</b> Dryl: 9:15am-9:30am Pool: 9:30am-11:00am
<b>Junior</b> Pool hrs: 4.00 hrs Dry land: <u>1.75 hrs</u> 5.75 hrs	<b>Killarney</b> Dryl: 5:30 - 6:00pm Pool: 6:00 - 7:00pm		<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 6:30pm		<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 6:30pm	<b>Renfrew</b> Dryl: 6:45 - 7:00am Pool: 7:00 - 8:00am	
Development	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Crocodile</b> Pool hrs: 4.00 hrs Dry land: <u>1.75 hrs</u> 5.75 hrs	<b>Killarney</b> Dryl: 5:30 - 6:00pm Pool: 6:00 - 7:00pm		<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 6:30pm		<b>Killarney</b> Dryl: 5:00 - 5:30pm Pool: 5:30 - 6:30pm		<b>Killarney</b> Dryl: 7:45am-8:00am Pool: 8:00am-9:00am
<b>Blue</b> Pool hrs: 4.00 hrs Dry land: <u>1.00 hrs</u> 5.00 hrs	<b>Killarney</b> Dryl: 6:45 - 7:00pm Pool: 7:00 - 8:00pm		<b>Killarney</b> Dryl: 6:15 - 6:30pm Pool: 6:30 - 7:30pm		<b>Killarney</b> Dryl: 6:15 - 6:30pm Pool: 6:30 - 7:30pm		<b>Killarney</b> Dryl: 7:45am-8:00am Pool: 8:00am-9:00am
<b>Gecko</b> Pool hrs: 3.00 hrs Dry land: <u>0.75 hrs</u> 3.75 hrs	<b>Killarney</b> Dryl: 6:45 - 7:00pm Pool: 7:00 - 8:00pm		<b>Killarney</b> Dryl: 6:15 - 6:30pm Pool: 6:30 - 7:30pm		<b>Killarney</b> Dryl: 6:15 - 6:30pm Pool: 6:30 - 7:30pm		
<b>Gecko B</b> Pool hrs: 3.00 hrs Dry land: <u>0.75 hrs</u> 3.75 hrs	<b>Killarney</b> Dryl: 6:45 - 7:00pm Pool: 7:00 - 8:00pm			<b>Killarney</b> Dryl: 6:15 - 6:30pm Pool: 6:30 - 7:30pm	<b>Killarney</b> Dryl: 6:15 - 6:30pm Pool: 6:30 - 7:30pm		
<b>Gecko C</b> Pool hrs: 3.00 hrs Dry land: <u>0.75 hrs</u> 3.75 hrs			<b>Killarney</b> Dryl: 6:15 - 6:30pm Pool: 6:30 - 7:30pm	<b>Killarney</b> Dryl: 5:15 - 5:30pm Pool: 5:30 - 6:30pm			<b>Killarney</b> Dryl: 7:45 - 8:00am Pool: 8:00 - 9:00am

Killarney:  
Templeton:  
Renfrew:  
Britannia:  
VAC:  
Edmond:  
Registration

Killarney Community Pool  
Templeton Park Pool  
Renfrew Pool  
Britannia Pool  
Vancouver Aquatic Center  
Edmonds Pool  
Registrar: [registrar@gatorswimclub.ca](mailto:registrar@gatorswimclub.ca)

6260 Killarney Community Center  
700 Templeton Drive, Vancouver, BC  
2929 East 22<sup>nd</sup> Renfrew A  
1661 Napier St, Vancouver, BC  
1050 Beach Ave  
7433 Edmonds Street

Tel. 604-718-8201  
Tel. 604-718-6252  
Tel: 604-257-8393  
Tel: 604-718-5800  
Tel: 604-665-3412  
Tel: 604-297-4401

Head coach Xiaoping Lu: 604-789-2819 [gatorsswimclub@shaw.ca](mailto:gatorsswimclub@shaw.ca)